| MONDAY | $\square \square \square \square-5 E / \text { cademuf }$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Happy Fall!!! |  |  |  |
|  | O CTOBER 2023 MENU |  |  |  |
| $2$ <br> waffles | $3$ <br> cheerios | $4$ <br> French toast sticks | $\begin{array}{\|l\|} \hline \mathbf{5} \\ \text { saltines } \end{array}$ | $6$ pancakes |
| beef dog, peas, apple sauce | mac \& cheese, string beans, mandarin oranges | chicken patty, mashed potatoes, mixed fruit | pizza, corn, peaches | pasta shells, peas, apple sauce |
| cheez It | Graham crackers | animal crackers | wafers | goldfish |
| $9$ <br> cheerios | $\underset{\text { waffles }}{\mathbf{1 0}}$ | 11 saltines | 12 <br> pancakes | $13$ <br> French toast sticks |
| grilled cheese, peas, mandarin oranges | mac \& sauce, String beans, pineapple | meatballs, potato tots, apple sauce | burger, corn, peaches | fish sticks, mashed potatoes, apple sauce |
| pretzels | graham crackers | cheez its | wafers | animal crackers |
| 16 <br> waffles | 17 <br> cheerios | $18$ <br> French toast sticks | $19$ <br> pancakes | $20$ <br> saltines |
| beef dog, peas, apple sauce | mac \& cheese, corn, peaches | pizza, string beans, mixed fruit | chicken nuggets, mashed potato, apple sauce | pasta shells, peas, mandarin oranges |
| pretzels |  | animal crackers | cheez its | graham crackers |
| 23 <br> waffles | 24 <br> cheerios | 25 <br> pancakes | 26 <br> saltines | 27 <br> French toast sticks |
| meatballs, potato tots, pineapple | mac \& sauce, corn, apple sauce | burger, string beans, mandarin oranges | chicken patty, peas, mixed fruit | fish sticks, mashed potatoes, peaches |
|  |  |  |  |  |
| 30 pancakes | $31$ <br> cheerios |  |  |  |
| mac \& cheese, peas, mixed fruit | chicken nuggets, mashed potatoes, mixed fruit |  |  |  |
| animal crackers | School CLOSES 4pm Happy Halloween |  |  |  |

Snack is served with a choice of water or apple juice.
Lunch is served with a choice of water or milk.
Substitute lunch: Cheese or Jelly Sandwich.
Menu is subject to change.

